

PERSONAL GROWTH PLAN

FEBRUARY
2026

When we consider **"Matters of the Heart,"** we must understand the value of having God's Word in our heart. This month put these words in your heart and speak them over your life and family!

Key Verse(s)

1	Psalm 19:7-14	I will meditate on your Word	14
2	Psalm 34:8-14	My tongue will speak no evil	13
3	Psalm 141:1-3	I will set a guard over my lips	3
4	Proverbs 10:19-21	I will restrain my tongue and be wise	19
5	Proverbs 10:27-32	I will bring forth wise words	31
6	Proverbs 12:11-14	I will speak only what is good	14
7	Proverbs 12:17-22	My words will bring healing	18
8	Proverbs 13:1-6	I will be careful in what I say	3
9	Proverbs 15:1-2	I will answer softly with kindness	1
10	Proverbs 15:3-7	My lips will share knowledge and hope	7
11	Proverbs 16: 18-24	I will speak gracious words today	24
12	Proverbs 17:27-28	I will speak less and listen more	27
13	Proverbs 18:20-21	I will speak words of life not death	21

compiled by Pastor Ken Jumper

14	Proverbs 25:11-14	My words bring refreshment and joy	14
15	Proverbs 25:23-25	My mouth shall bring good news	25
16	Proverbs 31:10-12, 26-30	The law of kindness is on my lips	26
17	Matthew 12:33-37	I will only speak good things	35
18	Mark 11:20-26	I will only speak words of faith	23
19	Romans 10:6-13	I will confess the words of my salvation	10
20	Ephesians 4:25-32	I will never speak a corrupt word	29
21	James 1:19-27	I will bridle my tongue	26
22	James 3:1-12	My lips shall bless and not curse	9
23	Colossians 4:2-6	I will season my speech with grace	6
24	1 Peter 3:8-12	I will refrain from speaking evil always	10
25	Psalms 63:1-5	My lips will always praise you, O God	3
26	Psalms 91:1-8	I will say, "the Lord is my safe place"	2
27	Psalms 34:1-10	I will bless the Lord at all times	1
28	Philippians 2:14-16	My words are blameless and harmless	15

