

PERSONAL GROWTH PLAN

FEBRUARY
2026

When we consider “**Matters of the Heart**,” we must understand the value of having God’s Word in our heart. This month put these words in your heart and speak them over your life and family!

Key Verse(s)

<input type="checkbox"/>	1 Psalm 19:7-14	I will meditate on your Word	14
<input type="checkbox"/>	2 Psalm 34:8-14	My tongue will speak no evil	13
<input type="checkbox"/>	3 Psalm 141:1-3	I will set a guard over my lips	3
<input type="checkbox"/>	4 Proverbs 10:19-21	I will restrain my tongue and be wise	19
<input type="checkbox"/>	5 Proverbs 10:27-32	I will bring forth wise words	31
<input type="checkbox"/>	6 Proverbs 12:11-14	I will speak only what is good	14
<input type="checkbox"/>	7 Proverbs 12:17-22	My words will bring healing	18
<input type="checkbox"/>	8 Proverbs 13:1-6	I will be careful in what I say	3
<input type="checkbox"/>	9 Proverbs 15:1-2	I will answer softly with kindness	1
<input type="checkbox"/>	10 Proverbs 15:3-7	My lips will share knowledge and hope	7
<input type="checkbox"/>	11 Proverbs 16: 18-24	I will speak gracious words today	24
<input type="checkbox"/>	12 Proverbs 17:27-28	I will speak less and listen more	27
<input type="checkbox"/>	13 Proverbs 18:20-21	I will speak words of life not death	21



• compiled by Pastor Ken Jumper



Key Verse(s)

■ 14	Proverbs 25:11-14	My words bring refreshment and joy	14
■ 15	Proverbs 25:23-25	My mouth shall bring good news	25
■ 16	Proverbs 31:10-12, 26-30	The law of kindness is on my lips	26
■ 17	Matthew 12:33-37	I will only speak good things	35
■ 18	Mark 11:20-26	I will only speak words of faith	23
■ 19	Romans 10:6-13	I will confess the words of my salvation	10
■ 20	Ephesians 4:25-32	I will never speak a corrupt word	29
■ 21	James 1:19-27	I will bridle my tongue	26
■ 22	James 3:1-12	My lips shall bless and not curse	9
■ 23	Colossians 4:2-6	I will season my speech with grace	6
■ 24	1 Peter 3:8-12	I will refrain from speaking evil always	10
■ 25	Psalm 63:1-5	My lips will always praise you, O God	3
■ 26	Psalm 91:1-8	I will say, "the Lord is my safe place"	2
■ 27	Psalm 34:1-10	I will bless the Lord at all times	1
■ 28	Philippians 2:14-16	My words are blameless and harmless	15



HARVEST CHURCH